



The Sulphur Smell

The newsletter of the Rotary Club of Clifton Springs, NY
Meeting every Tuesday at noon at the Clifton Springs Hospital Rotary Room and virtually via Zoom.



Issue of 03 October 2023

Clifton Springs Rotary Club
Chartered June 29, 1933

Officers 2023-2024

Co-Presidents: Vivian Ryan and Scott MacDonell
President Elect: Mary DePorter
Vice President: Sue Schermerhorn
Secretary: Theresa Dorgan
Treasurer: Hugh Kane
Past President: David Hamilton

Directors 2022-2024

Kathy Barrick, Doris Hunter

Directors 2023-2025

Kris Blair, John McCarthy

Rotary International 2023-2024

President: Gordon McNally

District 7120

Governor: Julie Carney (Avon)
Governor Elect: Dave DeMers (Spencerport)
Area 6 Asst. Governor:
Jim Crane (Victor-Farmington)
Foundation Dir.: PDG Dave Han-
nan (Newark)

Online

www.cs-rotary.org
www.rotary.org
www.Rotary7120.org

Clifton Springs Rotary Club
PO Box 103
Clifton Springs, NY 14432

Newsletter

Scott MacDonell

Submissions to

Scottgdg1415@gmail.com

Find us on Facebook and LinkedIn



Check out Camp Onseyawa
<http://www.onseyawa.org>

ANNOUNCEMENTS:

- 1) The **Rotary Leadership Institute (RLI)** will take place on Saturday, October 21 at Victor Junior High School, 953 High Street, Victor. Registration starts at 7:30 AM and classes end at 3:30 PM. A GREAT Rotary learning opportunity.
- 2) **Strategic Planning Update:** Please **SAVE THE DATE** for an expanded club meeting to do a SWOT (Strengths, Weaknesses, Opportunities, and Threats) analysis workshop on **October 24**. This will be a **5:00 pm meeting** in lieu of our regular meeting that day. This will last 75 to 90 minutes. This process depends on the input from as many members as possible so please try to attend.
- 3) Recently received **thank you notes** from Laura Jonas for our \$900 contribution to the **Caring Hearts Food Pantry** and from Chris Moyer, Midlakes Elementary Principal, for the **school supply project**.
- 4) It was announced that **Danielle Tilden** and **David Michaels** will be moving from Associate Member status to Active/Primary Member status. This change of status requires us to follow our Bylaws which state: "If no written objection to the (membership) proposal, stating reasons, is received by the Board from any member (other than honorary) of the club within seven (7) days following publication of information about the prospective member, that person, upon payment of admission fee (if not honorary membership), shall be considered to be elected to membership."

RECAP OF 26 SEPTEMBER MEETING

ATTENDANCE: 14 **GUESTS:** Joey Young, our presenter. **50/50:** John McCarthy. "Let it Run". **BIG POT** is now \$250+. Gotta be present to win!

PROGRAM: Joey Young, of "Renew Health and Healing" in Victor, presented a compelling program very much in line with Rotary International's focus on Mental Health. Entitled "Building Mental Fitness", Joey told us about the Mental Fitness Framework: 1) Purpose, a reason to show up and serve; 2) Agency, an obtainable desired future to strive towards; 3) Relationships, ability to give and receive love; 4) Spirit, connected to a higher power. He also told us about important habits for better mental health for ourselves and our loved ones. A very informative and timely program.



| DATE & PLACE | PRESENTER(S) | TOPIC |
|------------------------------------|---------------------------|---|
| Oct. 3 Rotary Room CS Hospital | Viv and Scott | Club Assembly: Club goals update. Membership ideas, strategic planning process |
| Oct. 10 Rotary Room CS Hospital | Deacon Ray De- fendorf | SOYODI Global Grant presentation on alleviating poverty and improving conditions for youth. |

| OCT. BIRTHDAYS | ROTARY ANNIVERSARY | 10-17 Sue Schermerhorn |
|----------------------|----------------------------|------------------------|
| 10-18 David Hamilton | 10-01-1984 Scott MacDonell | 10-23 Barb Barkley |
| 10-29 Jason Briggs | OCT. ANNIVERSARY | 10-23 Hugh Kane |
| 10-31 Scott Upchurch | 10-16 Scott Upchurch | 10-24 Ralph Adams |

**CLIFTON SPRINGS ROTARY MEETING ASSIGNMENTS
THROUGH NOVEMBER 2023**



| <u>Date</u> | <u>Program Chair</u> | <u>Greeter</u> | <u>Pan Handler</u> | <u>Reflection</u> |
|-------------|----------------------|-------------------|--------------------|-------------------|
| 10/03/2023 | Viv and Scott | Midlakes | OCP | David Michaels |
| 10/10/2023 | David Hamilton | Stefanie Smaldone | Tracy Crosby | Paula Triplett |
| 10/17/2023 | Theresa Dorgan | Danielle Tilden | Kathy Barrick | Kris Blair |
| 10/24/2023 | David Hamilton | Jeff Criblear | OCP | Scott Upchurch |
| 10/31/2023 | Nick Ganster | Doris Hunter | FLACRA | OCP |
| 11/07/2023 | Doris Hunter | Michelle Pane | Tracy Crosby | Mary Beer |
| 11/14/2023 | Hugh Kane | Don Shaw | CSCC | Nick Ganster |
| 11/21/2023 | John McCarthy | Community Bank | Barb Barkley | Jeff Criblear |
| 11/28/2023 | Michelle Pane | Denise Burnett | Midlakes | Don Shaw |



OCTOBER IS

ECONOMIC
AND COMMUNITY
DEVELOPMENT
MONTH

"Every human activity can be put at the service of the divine and of love. We should all exercise our gift to build community."
Jean Vanier

Rotary

TAKE ACTION: Join a Project